

- 2024 -

# MARCH

## Woodside Intermediate School

**Start the day off right with a free school breakfast!**

**Breakfast is free to all students**

**Student Lunch \$2.90**

**Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables.**

**Alternate Daily Lunch Options:**

**Assorted sandwiches- Ham & Cheese, Turkey & Cheese or Tuna**

**Bagel & Yogurt Plate**

**Although we will do our best not to make substitutions, all menus are subject to change due to product shortages.**

### MONDAY

**4** Popcorn Chicken  
W/ Orange or Sweet & Sour Sauce  
Fried Rice  
Vegetable Egg Roll  
Corn  
Fruit Choice

**11** Chicken Tenders  
Oven Potatoes  
WG Roll  
Corn  
Fruit Choice

**18** *Shamrock*  
Chicken Nuggets  
Oven Potatoes  
Dinner Roll  
Corn  
Fruit Choice

**25** Chicken Patty on  
WG Roll  
Oven Potatoes  
Glazed Carrots  
Fruit Choice

### TUESDAY

**5** Toasted Cheese Sandwich  
Tomato Soup  
Goldfish Crackers  
Garden Salad  
Fruit Choice

**12** Mozzarella Sticks  
Marinara Sauce  
Steamed Broccoli  
Egg Noodles  
Fruit Choice

**19** Mac N Cheese  
Crisp Romaine Salad  
Green Beans  
Mini Corn Bread  
Fruit Choice

**26** Cheeseburger on  
Whole Grain Roll  
Oven Potatoes  
Corn  
Fruit Choice

### WEDNESDAY

**6** **Half Day**  
WG Mini Waffles  
Chicken Sausage  
Veggie Juice  
Hash Brown Patties  
Fruit Choice

**13** **Half Day**  
Breakfast Wrap  
W/Egg, Cheese and  
Turkey Sausage  
Veggie Juice  
Hash Brown Patties  
Fruit Choice

**20** **Half Day**  
WG Mini Pancakes  
Chicken Sausage  
Veggie Juice  
Hash Brown Patties  
Fruit Choice

**27** Breaded Ravioli w/  
Marinara Sauce  
Salad  
Dinner Roll  
Green Beans  
Fruit Choice

### THURSDAY

**7** Rotini w/ Meat  
Sauce  
Salad  
Garlic Knot  
Green Beans  
Fruit Choice

**14** **Half Day**  
French Toast  
Sticks w/ syrup  
Chicken Sausage  
Veggie Juice  
Hash Brown Patty  
Fruit Choice

**21** Nacho Plate  
Meat and Cheese  
Tortilla Chips  
Salsa, Sour Cream  
Black Bean and  
Corn Fiesta  
Fruit Choice

**28** **Opening Day MLB**  
Mini Hot Dogs  
Smartfood Popcorn  
Baked Beans  
Fruit Choice

### FRIDAY

**1** Cheese Pizza  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**8** Cheese Pizza  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**15** Cheese Pizza  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**22** Cheese Pizza  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**29**  **No School**